



HELPING BUILD
BETTER CITIES™

AED (Automated External Defibrillator)



An Automated External Defibrillator (AED) is a portable device used to treat sudden cardiac arrest by delivering an electric shock to help the heart re-establish an effective rhythm. AEDs are designed to be user-friendly, with simple audio and visual instructions, making them accessible for anyone to use, even without formal medical training.

If someone collapses and an AED is available, you should:

- Check if the person is breathing and has a pulse.
- Call 911 or emergency services.
- Compress the chest with CPR if necessary.
- Use the AED by following its instructions.

Using an AED promptly can significantly increase the chances of survival.

Below is the location of all AED machine and First Aid Kit in the building:

- **Parkade 2:** Elevator Lobby
- **Parkade 1:** Elevator Lobby
- **Main Floor:** Stairwell Entrance
- **2nd Floor:** Stairwell Entrance
- **3rd Floor:** Stairwell Entrance
- **Class 3 First Aid Kit** 1st Floor Kitchen
- **Class 3 First Aid Kit** 2nd Floor Kitchen
- **Class 3 First Aid Kit** 3rd Floor Kitchen / Filing room with lounge